Health-Week — 1919.

NATIONAL NEGRO HEALTH WEEK

The daily Herald

CONDITIONS OF CONTEST FOR BEST CLEANED COMMUNITIES

National Clean-Up And Paint-Up Bureau Will Give Three Silver Cups For Best Cleaned Communities

3-7-19

Through the generosity of Mr. Allen W. Clark, Chairman of the National Clean Up and Paint Up Campaign of St. Louis, Missouri, three silver cups are again being offered as awards to the communities conducting the most effective clean up campaign, which has its beginning during National Negro Health Week, which is to be held April 5-12.

Following the announcement of the date for the National Health Week, so many requests for full details and plans for the week have been received that the following is herewith offered to the public:

Program for the Campaign.

Saturday, April 5th—Exercises in Commemoration of the birthday of Booker T. Washington.

Sunday, 6th—Sermon Day. On this day churches will give sound advice on how to keep physically and morally clean.

Monday 7th—Fire Prevention Day Clean your basements and attics of rubbish, greasy rags, and wastepaper. Fifty per cent of fires start in rubbish pjiles.

Tuesday 8th—Clean House Day—For general house cleaning. Clen all For general house cleaning. Clen all carpets, ventilate your cellars, scrub everything. Use plenty of soap and water everywhere.

Wednesday 9th—Yard Day. Clean your yard of all rubbish. Cultivate, plant flower beds, clean walks, repair sidewalks. and fences.

Thursday 10th—Paint Up and Whitewash Day. Paint up and whitewash inside and out, porches, fences woodwork, porch chairs. Make everything radiant with fresh colors.

Friday 11th—Fly, Mosquito and Rat Day. Give special attention to freeing your premises from breeding places of flies and mosquitoes, also get rid of rats.

Saturday 12th—Vacant Lot Day. Equip school children with sharp pointed sticks and bags, and have them pick up papers on vacant lots parks and playgrounds. Plow and plant garden plots wherever possible.

Committees.

It is suggested that in each community there be a Clean Up Committee which shall arrange a program for Health Week. This committee should appoint other committees as follows:

1. Committee On Inspection—The duties of this committee will be, two weeks before the opening of the campaign, to make a thorough inspection of the community and decide what especially needs to be done. After the Campaign is closed, this committee it to make a second inspection to see what has been accomplished.

2. Committee on Publicity—The duties of this committee are to provide house-to-house circular and other advertising matter and decide on a plan for thoroughly distributing the same throughout the community.

3. Finance Committee—The treasurer should be Chairman of the Finance Committee. The duties of this committee will be to see the business men of the town and solicit a moderate contribution to defray the expenses of the Campaign. Small contributions and many of them is the best way to finance a campaign.

4. Committee on Meetings—The duties of this committee will be to arrange for public meetings in schools, churches and other places in various parts of the community.

5. Committee on School Children—The duties of this committe are to have a proclamation prepared and read before every class in each school, appealing to school children to do their part in the Campaign to make their community the cleanest and most beautiful in the country. Adopt some plan for interesting school children, such as offering prizes for essays on clean up subjects.

6. Committee on Flies and Mosquitoes—The duties of this committee will be to provide and distribute circulars, giving simple rules for destroying breeding places of flies, for getting rid of same; also simple rules for preventing the breeding of mosquitoes; confer with city or county health department officials to see such rules observed and carried out.

Cup Contest Rules.

In order to enter the contest for the cup, it will be necessary for the community to organize and appoint committees to carry out a definite program as outlined below. Records must be accurately kept in order that the report of the campaign in each community may cover the following points:

1. How was your city, community or section organized to carry on the campaign?

2. What organizations, etc., co-operated with you in the campaign?

3. How many public meetings were held?

4. What was the attendance at each of these meetings?

5. What were the programs rendered at each meeting?

6. How many house-to-house circulars were distributed?

7. How many pieces of advertising matter were placed in conspicuous places?

8. State briefly how you inspected your community before the Campaign began its work to find out what was most needed to be done.

9. State your method of inspection after the Campaign was over, to ascertain how much cleaning up had actually been accomplished.

10. How many homes of colored people are there in your city, community, or section?

11. How many of these were cleaned up during the campaign?

12. What was done to get rid of flies, mosquitoes and rats?

13. What was done to encourage the planting of flowers and beautifying of premises?

14. How many premises received new coats of paint or whitewash?

15. What system did you employ to dispose of house and yard rubbish?

16. Describe here any special feature of unusual interest in connection with your campaign.

The judges are being selected with great care, and their names will be announced through the press about April first. For any information, write:

Robert R. Moton, Chairman, Executive Committee, National Negro Business League, Tuskegee Institute, Alabama.

Emmett J. Scott, Secretary, Tuskegee Institute, Alabama.

J. C. Napier, President, Nashville, Tennessee.

ANNUAL HEALTH WEEK; CLEAN UP CAMPAIGN

The Journal and Herald

Houses And Fences To Be Painted And Whole Communities To Be Beautified During Week Beginning April 13th.

3-23-19.

April 13th-18th, '19—Is the week designated by the Negro Organization Society for the 7th Annual Health Week and Clean-up Campaign. This annual intensive effort in the interest of better health has resulted in hundreds of homes in practically all portions of the state being placed in sanitary condition and the painting or whitewashing of homes and fences and outhouses has beautified many communities. The Society is now appealing to the coloreed people all over the state to observe the forthcoming Clean-up Campaign by following the program of work suggested in the Health Bulletin being published in the interest of this campaign and soon to come from the press of the State Department of Health. These bulletins will be mailed in quantities to ministers, county industrial supervisors and presidents of School Improvement Leagues for distribution. Others desiring them should write to the Negro Organization Society, Mechanics' Bank Building, Richmond, Va. Agents are being appointed in all the smaller towns of the state to direct the movement in the communities.

According to the program outlined Sunday, April 13, is Health Sunday. It is requested that on that day every Negro minister in the state preach a sermon on health, direct the attention of the people to the Clean-up Campaign and take a collection for the Negro Organization Society to help in financing the Campaign. Such collection should be mailed to the address given above.

Monday, April 14th, is Health Day in the colored schools by order of the State Superintendent of Public Instruction. The school building and premises are to be put in the most sanitary conditions possible and an appropriate program is to be rendered. The patrons are to be invitde to these exercises. During the remaining days of the week the Homes are to receive attention.

National Health Week

NASHVILLE, Tenn., Mar. 27.—The executive committee of the National Negro Business League suggests that it would be a fitting way to commemorate the birth of the originator of national Negro Health Week to have this observance to begin on April 5, the anniversary of the birth of Dr. Booker T. Washington. The executive committee also invites opinions as to the appropriateness of each year observing national Negro Health Week as a part of the commemoration of the anniversary of the birth of the originator of this movement.

The executive committee of the National Negro Business League invites all organizations to unite with the league in observing National Health Week.

Correspondence or suggestions may be addressed to Robert R. Moton, Chairman, Executive Committee, National Negro Business League, Tuskegee Inst., Ala., or to J. C. Napier president, Nashville, Tenn.

HEALTH WEEK

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Civic, social or other organizations may work in their respective communities.

For further information address: Robert R. Moton, Chairman. Executive Committee. National Negro Business League, Tuskegee Institute, Alabama.

Emmett J. Scott. Secretary, Tuskegee Institute, Alabama.

J. C. Napier, President, Nashville, Tennessee.